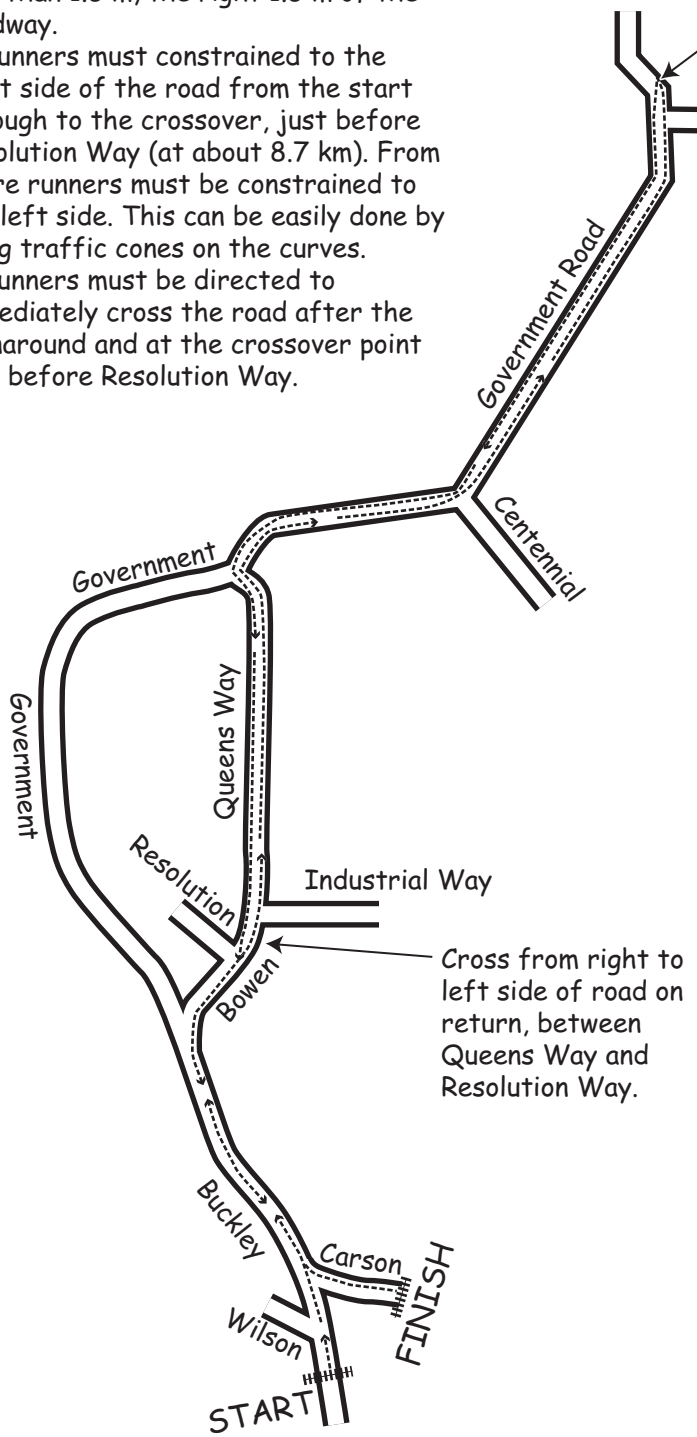
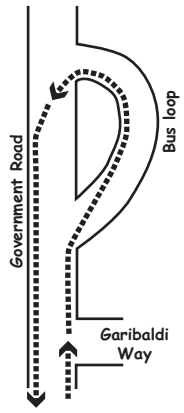
Squamish Days 10 km Run - 2004

Certified by Athletics Canada: BC-2004-___-BDC

Measured by: Paul Adams, AIMS/IAAF "A" Measurer

Notes:
1. The race must be laid out as detailed in this map or the certification is void.
2. The route is measured using the full right lane for 0.5 km and then the shoulder, or where the the shoulder is less than 1.5 m, the right 1.5 m of the roadway.
3. Runners must constrained to the right side of the road from the start through to the crossover, just before Resolution Way (at about 8.7 km). From there runners must be constrained to the left side. This can be easily done by using traffic cones on the curves.
4. Runners must be directed to immediately cross the road after the turnaround and at the crossover point just before Resolution Way.





Turnaround Detail

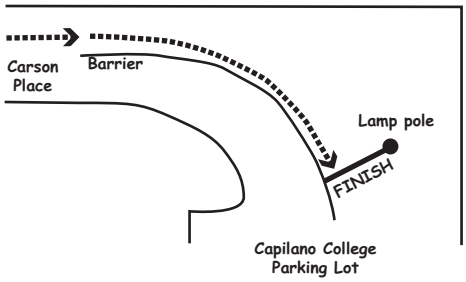
N

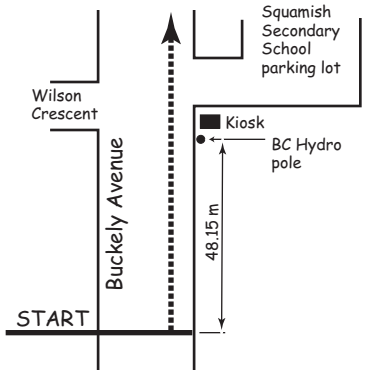
Notes
The turnaround is just past Garibaldi Way on Government Road. The route goes around the bus loop and then immediately crosses the road to return on the right side.

Notes
The finish line is located in the parking lot of Capilano College, exactly at the north lamp pole. A barrier must be constructed to separate spectators from runners and keep the runners to the left half of Carson Place as the road curves into the parking lot.

Finish Line Detail

N





Start Line Detail

N

Notes:
The start is located 48.15 m south of the BC Hydro pole that is just south of the south entrance to the Squamish Secondary School parking lot on Buckley Avenue.